The facts are...

Your mouth "talks" to your body...

...and your body "talks" to your mouth!

Gum disease increases the risk of head & neck cancer.

-AAOSH

Cavities are caused by a germ that spreads while kissing & sharing food.

--American Academy for Oral Systemic Health

Bacteria in your mouth travel to other parts of your body in your bloodstream.

> --American Academy for Oral Systemic Health

Diabetes & bleeding gums increases your risk of **premature death** by 400 – 700 percent.

--American Academy for Oral Systemic Health

Pregnant women with gum disease have only a 1 in 7 chance of giving birth to a healthy child of normal size.

--AAOSH

People with gum disease are twice as likely to die from **heart disease** & three times as likely to die from **stroke**..

--Mayo

Clinic

Tooth loss & gum disease increase the risk of **Alzheimer's** disease.

--Mayo Clinic

Gum disease increases pancreatic & kidney cancer risk by 62%.

-- Harvard

93% of people with gum disease are at risk for **diabetes**.

--AAOSH

Research has found an association between gum disease and rheumatoid arthritis.

-American Academy of Family Physicians

-AAOSH

The Surgeon General reports that at least 80% of American adults have gum disease.

Bacteria that live in your mouth can cause

heart disease, high blood pressure &

stroke.